

HOT TO TROT FASHIONS ON THE FIELD

GUIDELINES FOR CONTESTANTS

Under 13 years:

- Smart casual.
- Nothing too over the top, the kids want to be able to run around in their race wear attire.
- Smart dress pants and shirt.
- Appropriate length dress with sleeves (long or short).
- Headwear, hat or fascinator.
- Polished shoes.

Teens 13 to 17 years:

- Outfit to be age appropriate in line with classic race wear style for the summer season.
- For girls, skirt length should not be above the knees, narrow shoulder straps and strapless bodices are strongly discouraged. Millinery is compulsory and should be appropriate for the summer season.
- Boys must wear a suit and tie (or alternative neckwear).
- Attention to detail will be appraised for accessories, shoes, bag & millinery.
- Elements of the outfit should reflect current trends without losing the contestant's personal flair.
- The contestant will be appraised for grooming and deportment.

Ladies:

- Keep in mind the summer racing season.
- It is important for a contestant to have their own style. It's nice to see someone put an outfit together which allows their personality to shine through.
- Consider professional styling for your hair to complement and accentuate your millinery. Hairstyles such as smooth blow dry or sleek bun work well with a fascinator so keep it simple.
- Shoes are one of the most important elements to consider on race day as they complement your entire look. Realistically speaking, you will have to pretty much stand in them all day and there are outdoor grassed areas. Consider wearing a block heel for convenience and comfort.
- Hats or Fascinators are essential. Traditionally, straw, sinamay, lace or fabric are summer millinery fabrics,
- Hosiery is not essential. However, it is considered a finishing touch.
- Gloves – Leather gloves look edgy and add a modern touch.
- Accessories will be the key, try to co-ordinate your headwear with your shoes and handbag. These are the three key accessories that the judges will scrutinize most, apart from your outfit of course.
- You should look confident and happy in your outfit and wear something that makes you stand out in a positive manner.

Gents:

- A good quality suit is paramount
- The suit's cut should complement your build. A slim fit suit looks great on a lean guy however, other cuts such as a European cut suit tends to flatter most shapes.
- Consider accessory options of a hat, cufflinks, gloves, pocket handkerchief, belt, tie, sunglasses, watch and/or a flower in your buttonhole.
- Always wear a nice pair of leather shoes and ensure that your shoes are clean and polished.
- To stand out from the pack don't be afraid to mix up patterns and styles. For example, it's alright to wear a thin pinstripe suit, with a checked shirt and a striped tie.